



UNIVERSITATEA
DIN
CRAIOVA

MINISTRY OF NATIONAL EDUCATION
UNIVERSITY OF CRAIOVA
FACULTY OF PHYSICAL EDUCATION AND SPORT
SPIRU HARET UNIVERSITY
FACULTY OF PHYSICAL EDUCATION AND SPORT
ROMANIAN SOCIETY FOR SPORTS MEDICINE
SPORT SCIENCE COUNCIL OF ROMANIA



10th INTERNATIONAL SCIENTIFIC CONFERENCE

**“PHYSICAL EXERCISES - A COMPLEX
AND MODERN WAY TO PROMOTE
HEALTHY LIVING”**

01-03 NOVEMBER 2018
CRAIOVA – ROMÂNIA

ORGANIZATION

The Conference wants to bring an important contribution to scientific research development of the mentioned fields, using some interdisciplinary themes approaching, where physical education represents a complex element, which induces debates about sportive management, but also about fundamental research of prophylaxis and rehabilitation.

Honor President: Rector of the University of Craiova, Romania.

PhD Professor **Cezar Ionuț SPÎNU**

Conference president: Dean- Faculty of Physical Education and Sport, Craiova.

PhD Professor **Marian DRAGOMIR**

Co-presidents: PhD Professor Dorina **ORȚĂNESCU**, PhD Professor Ligia **RUSU**

PhD Professor Georgeta **NICULESCU**

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Thursday, November, 01th, 2018

10.00 -10.30 – Opening ceremony for Student National Conference “Physical exercise- from prophylaxis to performance”

10.30-12.00 – Oral presentations

12.00-14.00 – Poster presentations

14.00 - CLOSING CEREMONY

Friday, November, 2th, 2018

08.30 - 09.00 - Arrivals And Registration **Faculty of Physical Education and Sport, Brestei Street, no.156, Craiova- HALL A**

09.00 - 10.00 – Workshop “The Applications of Aquatic Therapy in Medical Rehabilitation”, Speaker: Assoc. Prof. Ilona **Ilinca**, PhD, **Hall A1**

09.00 - 10.00 - Workshop “ The Importance of Early Detection of Poor Attitudes in Children Practicing Sport in Order to Improve Body Attitude and Sport Performance”, Chairperson: Assoc. Prof. Aurora **Ungureanu-Dobre**, PhD, Speakers: Assist. Prof. Eva **Ilie**, PhD Student, Georgiana **Balosin**, Master Student, **Hall A2**

10.00 – 11.00 – Workshop “Difformities and Malformations of Locomotor System -Orthesis and New Technologies for Assistive Devices”, Chairperson: Prof. PhD Ligia **Rusu**, Speaker: Michi **Geambesa (Ortoprotetica)**

11.00 - 12.00 – Workshop „Dance - Way of Integration for Children with Special Educational Needs”, Speaker: Prof. Oana **Budeancă-Babolea**, PhD (Special School Sf.Vasile, Craiova)

12.00 - 13.00 – Lunch

13.00 – 14.00 - Workshop “Introduction to Schroth Three-Dimensional Therapy, Treatment of Structural Scoliosis”, Speaker: Assist. Prof. Eva **Ilie**, PhD Student

14.00 – 15.00 – Workshop „Global Postural Re-education – Assessment and Solutions” Speaker: Assist. Prof. Alin Horia **Burileanu**, PhD

15.00 – 16.00 – Workshop „Influence of Fascial Therapy in Sport Performance” Speaker: Toma **Vasilescu** (Romanian Football Federation).

19.00 – Opening dinner at Europeca Hotel, Pietății Street, no. 9-11-13

Saturday, November, 03th, 2018

09.00 - 10.00 – Registration (**Lobby MIHAI I HALL**) – **UNIVERSITY OF CRAIOVA**

10.00 – 10.30 – Opening Ceremony and Wellcome (**MIHAI I HALL**)

The opening speech of the University of Craiova Managerial Team

10.30 - 13.00 – **Plenary Session**

10.30 - 11.00 – “Wearable Training – Monitoring Technology: Recent Overview”, Dr.Monoem **Haddad**, Faculty Sport Science Program College of Arts & Sciences Qatar University

11.00 - 11.30 – “News in Evaluation and Rehabilitation of Foot Balance at Athletes” Prof. PhD Ligia **Rusu**

11.30 - 12.00 – “Scoliosis-at Child and Younger: Multidisciplinary Approach” Assoc. Prof. PhD Mirela **Călina**

12.00 - 12.30 – “Scientific Approach of Tactical Training in Football Game with Children and Junior Players” Assoc. Prof. PhD Dumitru **Barbu**

12.30 – 13.00 – Cofee break

13.00 – 15.00 - Sports Medicine Section (conference section organized in collaboration with the *Romanian Society for Sports Medicine* and the Romanian Football Federation)

Chairpersons: Prof. PhD Mirela **Vasilescu**, Mihai **Meiu**

13.00 - 13.20 - “Monitoring Athlete Through Biological Markers (Muscle status)” - Prof. PhD Mirela Maria Vasilescu (SRoMS vice president)

13.20 – 13.40 -“Testing and Psychological Assessment in the Context of Achieving High Sports Performance in Football” - Silviu **Ioniță** (Romanian Football Federation Sports Psychologist)

13.40 – 14.00 - “Nutrition in football ”- Damian **Șerban** (Sports Nutritionist accredited CIO, Romanian Football Federation)



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14.00 – 14.20 - "Principles of Application and Functioning in Sports Pathologies using Biomechanical Dynamic Tape Bandage" - Toma **Vasilescu** (Physiotherapist Romanian Football Federation)

14.20 – 14.40 - "The Implications of Meniscus and Cartilage Injuries in Professional Football" - Mihai **Meiu** (Staff Coordinator Romanian Football Federation)

14.40 – 15.00 - "Global Active Stretching at Football Players" Assist. Prof. Alin Horia **Burileanu**, PhD

13.00 – 15.00 - POSTER PRESENTATION Lobby HALL (near MIHAI I HALL)

15.00 – 15.30 – CLOSING CEREMONY